

# RASPORED GRUPNIH PROGRAMA

od **06.08.2018.** @ OrlandoFit Fitness Kaptol

## DVORANA 1 - Indoor Cycling, LesMills programs, Aerobics, Pilates and BodyMind programs

VRIJEME	PONEDJELJAK	UTORAK	SRIJEDA	ČETVRTAK	PETAK	VRIJEME	SUBOTA
17:00	<b>PILATES</b> power IVONA		<b>PILATES</b> power IVONA		<b>PILATES</b> power	17:00	
18:00		<b>do Udare?</b>		<b>do Udare?</b>		18:00	
20:00		purepilates		purepilates		20:00	

## DVORANA 2 - Boxing, Functional and Sport programs

VRIJEME	PONEDJELJAK	UTORAK	SRIJEDA	ČETVRTAK	PETAK	VRIJEME	SUBOTA
18:15	<b>TRX</b> Suspension Training®		<b>TRX</b> Suspension Training®		<b>TRX</b> Suspension Training®	18:15	

